

Maat á nkemí 19/3/16

## Bitter Chocolate

The bitter Truth about Sweet Chocolate.

This essay is about where your food comes from how it's made, the production, energy around it ect. from soil to our stomachs.

Before we dive into this interesting prospect about the energy and so forth, first we need to know the basics

## The Story of Food

Since the beginning of time, people (& other species) have pondered deeply about how this Earth was made, how the things on this Earth evolved ect.

Everyone was happy from the miniscule bacteria to the trolls, giants and other 'mythical folk' (if you believe in such things). Everyone (and thing) were living in Balance and Peace with Nature, all of us were completely at harmony with ourselves and in being in Harmony